

Seven Steps to an Effective Fall Prevention Program

The key to fall prevention is to develop a plan *before* construction that identifies and addresses all possible fall hazard exposures.

- Designate a safety team:
 - The main responsibility for this team of individuals will be to review the specific work standards and potential dangers of their specific business and to explore the fall prevention technologies available.
- Design and define the program:
 - The policy statement should set forth clear guidelines, such as an established minimum working height for providing complete and continuous protection, and also determine any unique features for each job prior to its commencement.
- Assess fall hazards:
 - The team should scrutinize individual tasks that will be performed on a jobsite and assess any associated fall hazards, including potential uses of ladders, scaffolds, work platforms and lifts.
- Establish appropriate methods of protection (three primary methods):
 - Eliminating the fall hazard
 - Preventing employee exposure to the hazard
 - Controlling the potential outcome of a fall
- Education and training:
 - Educate employees on how to apply fall protection principles and techniques and the proper methods of operation for associated equipment.
- Perform inspection and maintenance:
 - All workers within a specific jobsite should be trained in the proper inspection and maintenance of equipment. Prior to each use, a visual inspection should be done, and regular inspections and maintenance are essential and should be executed in accordance to manufacturers' guidelines.
- Administer and audit the program:
 - Administration of the program should be assigned to jobsite supervisors. Conducting regularly scheduled audits of a program will aid in determining whether the established policies, objectives and goals have been met, and assist supervisors in determining what changes, if any, are required.

Every day at least five construction workers are killed in America as a result of falls from elevated surfaces.

How this topic applies to this job: _____

Date: _____ Jobsite/Project #: _____

Supervisor/Foreman (print name): _____ Signature: _____

Attendees: Print Name/Signature (use back if necessary):

Name: _____ Signature: _____

Name: _____ Signature: _____

Name: _____ Signature: _____

Name: _____ Signature: _____

Name: _____ Signature: _____

Name: _____ Signature: _____

Name: _____ Signature: _____